

Cleaning Checklist

Daily, Weekly and Monthly



YOUR HAPPY JOURNEY

Daily Checklist

Kitchen

- ☐ Wash dishes
- ☐ Disinfect sink
- ☐ Wipe stove top and oven
- ☐ Clean dining table
- ☐ Clean backsplash
- ☐ Empty trash bin
- ☐ Sweep floor

Bathroom

- ☐ Wipe sink and countertops
- ☐ Clean mirrors
- ☐ Wipe tub/shower
- ☐ Clean toilet bowls & seats
- ☐ Sweep floors if needed
- ☐ Empty trash bin

Living Room

- ☐ Wipe Table
- ☐ Straighten up
- ☐ Put all items in their respective place
- ☐ Sweep floor if needed

Bedroom

- ☐ Make the bed
- ☐ Straighten up
- ☐ Pick up clothes
- ☐ Sweep Floor if needed

Misc. Tasks

- ☐ Do laundry
- ☐ Fold laundry
- ☐ Water flowers
- ☐ Replace towels if needed

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Weekly Checklist

Kitchen

- ☐ Dust fan and blinds
- ☐ Wipe down range hood
- ☐ Replace kitchen towels
- ☐ Wipe down appliances
- ☐ Discard expired items
- ☐ Purge and wipe fridge shelves
- ☐ Sweep/vacuum and mop floor

Bathroom

- ☐ Clean sink and countertops
- ☐ Clean mirrors thoroughly
- ☐ Clean tub/shower
- ☐ Clean toilet bowls & seats
- ☐ Sweep and mop floors
- ☐ Wipe sink cabinet and handle

Living Room

- ☐ Clean table
- ☐ Declutter open spaces
- ☐ Dust fan and blinds
- ☐ Sweep and mop floor

Bedroom

- ☐ Change all linens
- ☐ Empty bins
- ☐ Declutter open spaces
- ☐ Sweep and mop floor

Misc. Tasks

- ☐ Dust and wipe all chairs
- ☐ Dust and wipe all furnitures
- ☐ Water flowers
- ☐ Replace towels if needed
- ☐ Wash rugs if needed
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- ☐

Monthly Checklist

Kitchen

- ☐ Wash trash bin
- ☐ Deep clean minor appliances
- ☐ Steam clean microwaves
- ☐ Sanitize dishwasher interior
- ☐ Wipe down containers (spices, rice, etc.)
- ☐ Purge and deep clean fridge
- ☐ Sweep/vacuum and mop floor

Bathroom

- ☐ Clear drains
- ☐ Clean mirrors thoroughly
- ☐ Clean tub exterior
- ☐ Deep clean toilet bowl
- ☐ Sweep and mop floors
- ☐ Clean moles if needed

Living Room

- ☐ Vacuum upholster furnitures
- ☐ Polish wood furniture
- ☐ Clean leather upholstery
- ☐ Sweep and mop floor

Bedroom

- ☐ Wash mattress pad
- ☐ Declutter drawers
- ☐ Declutter cupboards
- ☐ Sweep and mop floor

Misc. Tasks

- ☐ Clean knobs
- ☐ Dust and wipe all furnitures
- ☐ Clean light fixtures
- ☐ Clean washer and dryer
- ☐ Wash rugs
- ☐
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